

Pictured: Tom, Matt and Michael all have the same rare eye condition that has led to severe sight loss, and have been registered as blind.



Changing lives and saving sight in London

We are the Vision Foundation

In 1921 the Greater London Fund for the Blind was set up to support and give a voice to blind and partially sighted people across London. Today we're called the Vision Foundation and we're still transforming lives.

We've distributed more than £30m to sight loss organisations that work to inform, include and empower London's visually impaired community. Empowerment is at the heart of what we do; our work focuses on what people can do, rather than what they can't.

Charmaine's Story

After a devastating stroke shortly after her 45th birthday, Charmaine - a mother to two young daughters - was left with severe hearing and sight loss. Her world was turned upside down affecting every aspect of her life from everyday tasks like making lunches and caring for her family to navigating London's busy streets.

“ Not being able to pick the kids up from school made me sad. It's the day-to-day things you can't do anymore that people take for granted. ”



Projects funded by the Vision Foundation have helped Charmaine to use assistive technology on her mobile phone and re-connect with her friends and local community. Having community-based support and other blind and partially sighted people to speak to has boosted Charmaine's confidence and helped her to feel part of wider society again.

Sight loss can affect anyone

We work with organisations across the capital that provide lifelines and resources to visually impaired people of all ages and all backgrounds. Our support helps...

- Children to access the education they need
- Young people to get a helping hand on the career ladder
- Professionals to know their rights in the workplace
- Older people to take part in community classes and activities
- People experiencing loneliness and isolation, advocating and giving them opportunities to live life to the full

We also work to make sure people don't needlessly lose their sight, by promoting good eye health and improving access to sight tests.

Challenges in London

Alongside poor employment, blind and partially sighted people can face all sorts of barriers from getting around our capital city to accessing the gym and even socialising – many things sighted people might take for granted.

200,000 people in London are living with sight loss

We're striving to make London a place that works for the visually impaired community across employment, social and cultural spaces. We want London to be a shining example of a sight loss aware city.



Four ways you can make a difference...

Donate

Fundraise for us, make a donation or leave us a gift in your will to fund our life-changing work.

Shop

Visit your local Vision Foundation shop to donate and buy pre-loved clothes, books and toys.

Share

Do you have experience of living with sight loss? Share your story with us and together we'll change hearts, minds and lives.

Join

Become part of our expanding team of passionate volunteers and employees, working each day to make a difference.

Connect with us:

Call us: **020 7620 2066**

Email us: **hello@visionfoundation.org.uk**

Website: **www.visionfoundation.org.uk**

 Twitter: **@Vision_Fdn**

 Facebook: **@VisionFdn**

 Instagram: **@Vision_Fdn**

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